ReSound Relief™ app

The ReSound Relief app offers balanced and flexible tinnitus management. It uses a combination of sounds and relaxing exercises that are meant to distract your brain from focusing on tinnitus. Over time, the brain learns to focus less on the tinnitus. In addition, seven coping skills expand on the counseling and therapy elements of the app, providing engaging tips for managing and understanding tinnitus.

The app is a tool for anyone with tinnitus. It should be used in combination with a tinnitus management program or plan set up by a hearing care professional.

The ReSound Relief app is available on the App Store and Google Play.

To use the app, you need the following devices:

**Hearing aids:**
- ReSound Smart Hearing aids for direct streaming from an iPhone, iPad or iPod touch or ReSound wireless-enabled hearing aids in combination with a Phone Clip+ accessory for direct audio streaming on Android devices.

**Mobile devices:**
- iPhone, iPad or iPod touch.
- Android devices running Android OS 4.1 or later.

**Headset:**
- You can also use the app with a standard headset connected to the phone.

For more information, please visit: www.resound.com/reliefapp
ReSound Relief™ app functionality

Intended use of the app:
The app is intended to provide sound therapy and relaxing exercises that aim to distract a tinnitus patient from focusing on tinnitus. It can be used as part of a tinnitus management plan. It is not intended for use in audiological/ontological treatment of symptomatic tinnitus or to mask internal noises.

⚠️ Tinnitus warning
To prevent possible hearing loss, do not listen at high volume levels for long periods.

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Any issues relating to the EU Medical Device Directive 93/42/EEC should be directed to ReSound A/S.